

# **RIVERSIDE SENIOR LIVING BOARD AND SERVICE PACKAGE**

The Negotiated Service Agreement is a joint contract between the individual and Riverside Senior Living for care and services. The purpose of this agreement is to define the services provided to this Tenant with consideration for the preferences of the Tenant as to how services are to be delivered. When a service is provided by an outside resource, indicate the outside resource, and source of payment other than tenant if applicable.

**MONTHLY COSTS**

MONTHLY \$ \_\_\_\_\_

RENT \$ \_\_\_\_\_

RENT & BOARD FEE

**BOARD PACKAGE**

- 24 hour/ 7 day Trained Staff Availability
- Ongoing Health and Wellness Program
- Laundry Facilities
- Personal Emergency Response System
- Assistance with Arranging Transportation
- Social, Recreational, Cultural, and Spiritual Activities
- All Utilities: Electric, Water, Sewer, Gas, Basic Cable TV, Trash Removal  
(Note: Premium cable TV and Telephone not included)
- Trash Removal Weekly
- Use of All Commons Areas
- Breakfast Meal
- Daily Well Being Checks
- All Interior and Exterior Maintenance Services
- Individual Mailbox and Postal Delivery Area
- Individual Storage Units Outside of Suite

**SERVICE PACKAGES**

FEE FOR SERVICE

\$ \_\_\_\_\_

Purchase of a Service Level Package is a requirement of occupancy at Riverside Senior Living. Each package is outlined below.

### **Level 1 Services**

Noon Meal  
Weekly Housekeeping of Unit  
Weekly Changing of Bed Linens  
Quarterly Medication Review  
Personal Laundry (1 Load Weekly) – Washed, Dried, Folded or Hung

The Levels listed below all include personal care assistance. This is defined as help with bathing, dressing, hygiene, toileting and incontinence care, and meals as defined in the service plan. Routinely exceeding the specified units of service daily could result in a requirement for a higher level of service.

### **Level 2 Services**

Includes All Level 1 Services PLUS:

Supper Meal  
Medication Reminders  
Personal Care Assistance, 1 Unit Daily

### **Level 3 Services**

Includes All Level 1 & 2 Services PLUS:

Weekly Scheduled Bathing Assistance  
Medication Supervision and Administration  
Special Diets  
Personal Care Assistance, 2 Units Daily

### **Level 4 Services**

Includes All of Level 1, 2 & 3 Services PLUS:

Direct Medication Management  
Daily Bed Making  
Personal Care Assistance, 4 Units Daily

### **Level 5 Services**

Includes all of Levels 1, 2, 3 & 4 Services PLUS:

Personal Care Assistance, 8 Units Daily

Assistance with mobility - This level MUST be purchased if the tenant requires mobility assistance and cannot exit facility without direct assistance.

\$ \_\_\_\_\_ + \$ \_\_\_\_\_ = \$ \_\_\_\_\_  
Total Rent & Board                      Service Package                      Total Monthly Cost

**ANCILLARY SERVICES**

Additional services that are not part of the purchased Service Level Package are available for an additional charge, per unit of service. A unit of service is ordinarily considered 15 minutes and will be rounded up to the higher number (example: 12 minutes of service = 1 unit; 17 minutes of service = 2 units). Unit charges will be supplemented for certain services if they require the expertise of specific staff persons such as professional nurses. Services not listed will be charged according to who completes the service.

Apartment Services (Charged per unit of time)

Additional Housekeeping/Laundry

Deep cleaning of unit-windows, walls

Carpet cleaning

Maintenance call

Errands

Meal tray delivery to unit

Personal Care Services (Requires Tenant Assistant)

Additional Bathing Assistance

Additional Personal Care

Additional Medication Assistance

Tuck-In and/or Wake-up

Escort Services Provided by Staff

Additional Emergency Calls (1 Call Included Each Month)

Direct Medication Assistance

Medical Care Services (Requires Professional Nurse)

Nurse Assessment/Visit/Additional Health Promotion Visit

Blood Sugar Checks, Injections Including Vaccinations

Venipuncture for Laboratory Testing

Nebulizer/Maximist Treatment, Pulse Oximetry

Limited Skin Treatment, Suture/Staple Removal

Ear Wash

Rehabilitation Services

Administrative Services (Charged per unit)

Documentation and filing for Private Insurance

Assistance with applications for program assistance (ex. Elderly Waiver, HUD, Veteran's Assistance)

Documentation needed to meet requirements for financial assistance programs

Assistance in determining level of care

### **CHANGE IN LEVEL OF SERVICE**

Understanding that anyone may have a change in service needs on a temporary basis, a tenant will not be elevated to a higher service level unless the increased need lasts longer than 7 days. Identified needs which the tenant refuses to address in the Service Plan will remain the responsibility of the tenant and/or tenant's legal representative. The Tenant will be asked to sign a Shared Risk Agreement for the safety of all parties involved. Riverside Senior Living's goal is to provide an environment where tenants are afforded the highest level of independence and functional capacity as possible. When the needs of a tenant become greater than the facility can provide in the assisted living setting, the tenant and/or legal representative will be assisted in finding appropriate resources to meet the tenant's needs up to and including discharge.

Riverside Senior Living will assess and document the health status of each tenant receiving health-related care and make recommendations as appropriate and monitor

progress on previous recommendations at least every 90 days.

A tenant will not be admitted or retained who requires more than part-time or intermittent health related care, meaning licensed nursing services and professional therapies that are provided no more than five days per week; or licensed nursing services and professional therapies that are provided six or seven days per week for temporary periods of time with a predictable end within 21 days; or (A) Who is bed bound; or (B) Who requires more than part-time or intermittent health-related care, including, but not limited to, (1)requires licensed nursing care for an unstable medical condition; or (2)daily medication injections with the exception of a person with stable diabetes who receives subcutaneous injections from a licensed nurse; or (3)daily assessment or treatment by a licensed nurse of conditions such as an open wound or pressure ulcer; or (4)staff provision of total care for unmanageable incontinence on a routine basis to keep the tenant clean and dry; or (5) routine two person assistance with standing, transfer or evacuation; or (C) Who is dangerous to self or others, including but not limited to a tenant who (1)despite intervention chronically wanders into danger, is sexually or physically aggressive or abusive, or displays unmanageable verbal abuse or aggression; or (2)has a diagnosis of an active-stage contagious disease such as tuberculosis; or (D)who is in an acute stage of alcoholism, drug addiction, or mental illness; or (E) Who is under age 18; or (F) Who meets the assisted living program's transfer criteria as disclosed in the occupancy agreement or (G)on a case by case basis if there is a question about the appropriateness of placement.. An exception to this criteria may be requested from the State Department of Inspections and Appeals.

The tenant or responsible party shall acknowledge shared responsibility for identifying and meeting needs and the process for managing risk and upholding tenant autonomy when tenant decision making may result in poor outcomes for the tenant or others

For the Negotiated Service Agreement to be effective, signatures of all participants shall be recorded below before admission to Riverside Senior Living. Amendments shall be added when services and/or needs and preferences change.